

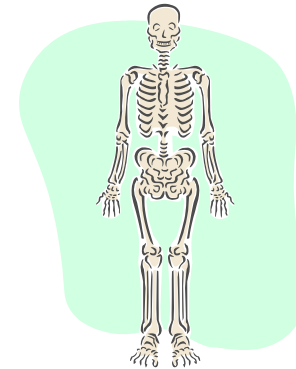


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Moving and Growing

Zaner-Bloser Print



1. The skeleton has three main jobs.
2. It supports the body and gives it shape.
3. It protects your organs such as your heart, lungs, brain and spinal cord.
4. It provides firm anchorage for your muscles so you can move.
5. There are 206 bones in the human skeleton.
6. Over half the bones in the skeleton are found in your hands and feet.
7. These bones allow you to make small, precise movements.
8. A bone is made up of water, minerals such as calcium, protein and collagen.
9. Some bones contain marrow, which makes red blood cells.
10. A bone is five times stronger than a steel bar of the same weight.



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