

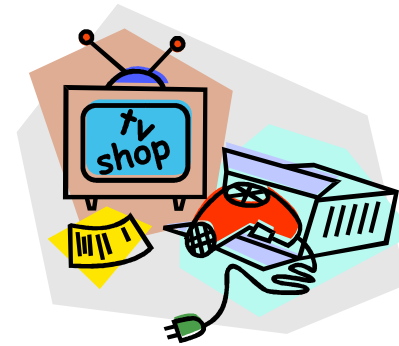


Name:

WritingWorkbooks.com

Couch Potato

D'Nealian Print



1. Don't have a television in the bedroom.
2. Only watch television for up to two hours a day.
3. Spend much more time reading.
4. Don't give way to eating TV snacks.
5. Always do homework first.
6. Don't watch television after nine o'clock at night.
7. Take part in healthy sport and exercise.
8. Join a club such as the scouts or guides.
9. Only use a computer for serious work not games.
10. Only parent-approved access to the internet should be allowed.



Don't have a television in the bedroom.

Don't have a television in the bedroom.

Don't have a television in the bedroom.

Don't have a television in the bedroom.





Only watch television
for up to two hours a day.

Only watch television

for up to two hours a day.





Spend much more time reading.

Spend much more time reading.

Spend much more time reading.

Spend much more time reading.





Don't give way to eating TV snacks.

Don't give way to eating TV snacks.

Don't give way to eating TV snacks.

Don't give way to eating TV snacks.





Always do homework first.

Always do homework first.

Always do homework first.

Always do homework first.





Don't watch television

after nine o'clock at night.

Don't watch television

after nine o'clock at night.





Take part in healthy sport and exercise.

Take part in healthy sport and exercise.

Take part in healthy sport and exercise.

Take part in healthy sport and exercise.





Join a club such as the scouts or guides.

Join a club such as the scouts or guides.

Join a club such as the scouts or guides.

Join a club such as the scouts or guides.





Only use a computer

for serious work not games.

Only use a computer

for serious work not games.





Only parent-approved access to
the internet should be allowed.

Only parent-approved access to

the internet should be allowed.

